



Welcome to the Edgewater Crew Newcomers Page!

The first stop for first-year rowers and their parents. This is where you will find information to guide you through your Novice year.

When does practice begin?

First day of practice of novice rowers begins on Monday August 19th. Practice starts at 2:45pm and ends at 5:30pm on weekdays and 8:00am to 10:45am on Saturday. In the Fall there is no practice on Wednesdays. During Spring season practice is Monday through Saturday morning. Practices will be a mix of physical training, focusing on strength, form, and endurance training.

What do I need to wear or bring to practice?

Fitted athletic shorts, t-shirts, running shoes, socks, a personal water bottle (please tell your rower not share water bottles), hat, sunscreen, towel, and a positive attitude.

How do I get to the boathouse from school?

Our Boathouse is 2.5 miles from campus in Lake Fairview Park. It is a short distance down Edgewater Drive to Lee Road to get to the boathouse. If getting to the boathouse after school is an issue, team parents or students will be happy to provide a ride. A Transportation Waiver must be signed and submitted beforehand. As the year progresses rowers will be running to practice as part of their endurance training. The executed waivers will still need to be on file for transportation to regattas.

What is a Regatta?

In the sport of rowing, races are called regattas. Regattas are always on weekends. There are only a few in the fall, with the competitive season being concentrated in the spring. The team may travel to Jacksonville, Sarasota, and Miami to compete. Locally, we race on Lake Maitland, Turkey Lake, and Lake Fairview, our home lake where we host an invitational.



Who gets to race?

Our goal is for everyone who has been training to compete in at least one race per event. While scheduling rules occasionally prevent us from getting everyone in a boat, every effort is made to minimize these occurrences. Our coaches determine which rowers will race in each boat and race category. All first-year rowers, regardless of their year in school, are classified as Novices and race against other first-year rowers in the Novice category. A Freshman category also exists for just Freshman.

Who does Edgewater Crew compete against?

We race against approximately 40 other schools and club programs in Florida and occasionally travel out of state to race teams on a regional and national scale.

Fundraisers

Edgewater Crew receives no funding from the state, county or school system, so income for operations must be derived from various fundraising efforts, donations, grants, and rower dues.

What two types of fundraisers are conducted throughout the year? We perform general and rower equity fundraisers that assist in offsetting operational expenses and keep costs low for all rowers.

General fundraisers are critically important to the team's financial stability. All rowers and parents should plan to participate. Examples include Garage sales, Boathouse Benefit, Publix Fundraisers, and car washes.

Rower equity fundraisers are designed for parents to help fund their rower's account. These fundraisers are coordinated as a courtesy to make rowing affordable for everyone. Such fundraisers that allocate a percentage of sales to rower's accounts include Orlando City Soccer parking, poinsettia sales for the holidays, ads for our annual Crew Yearbook, silent auction items for our Benefit, and Erg-A-thon.

Registration and Dues

Newcomers can practice for 2 weeks before committing to join the team. \$100 Registration fee must be paid for the annual season by the end of August.

Dues are \$225 per month per rower (\$200 per month per rower for families with two or more rowers on the team) for the months of September through April.

A limited number of partial scholarships are granted, and forms can be requested by emailing president@edgewatercrew.org.

You must ensure that your rower has completed registration, signed off on waivers, and turned in all documents prior to being at the boathouse. This ensures they are compliant with EHS Crew rules and guidelines.

These fees cover the following costs:

- *Team t-shirts
- *Regatta uniform
- *3-day Crew Camp in January
- *Entry fees and meals for all regattas
- *Accommodations and meals for the 2-night trip to Sarasota for FSRA State Championships.

What is NOT covered:

- *Travel costs (accommodations and food) for regattas that is not FSRA State Championships that we travel out of town to participate in.

Communication

How will I get information on events and everything that is going on?

This website is a great resource for parents. Not only does it include a calendar maintained with event dates and practice schedules, but various forms, Bylaws, contact information for our Board members, photos from all our regattas and events, and information about other ORA programs that support EHS Crew.

You will receive regular emails making you aware of upcoming events and correspondence to inform you of many things that are happening with our team.

Meet your Novice Coordinator Ashley Quandt.



You can reach Ashley by emailing her at novices@dgewatercrew.org with any questions or crew related inquiries.

Orlando Rowing Association

What is Orlando Rowing Association (ORA) and what does it have to do with Edgewater Crew?

Crew operates as a club sport at the high school level and because it does not receive dedicated funding like football, baseball, and basketball, a nonprofit corporation, ORA was established by Edgewater Crew parents in 1967 to provide financial and logistical support to the team. ORA's 501(c)(3) status enables the organization to hold fundraising events, obtain sales tax exemptions, and accept donations that are often tax-deductible. ORA is run by a Board Officers and Directors elected by Parents of team rowers. The Board manages the team's operations. Committees are formed to complete tasks ranging from fundraising and recruiting to coordinating food for regattas.